

PASADENA SENIOR OLYMPICS & CALIFORNIA STATE SENIOR GAMES CHAMPIONSHIPS

MEET RECORDS

1993-2009

1500m RUN

MEN 50-54				WOMEN 50-54					
04:42.0	Rob Duncanson	52	Trabuco Canyon	2008	05:27.44	Marie Murphy	50	Studio City	2009
MEN 55-59				WOMEN 55-59					
04:47.4	Perry Forrester	55	Topanga	2008	06:03.33	Yoko Eichel	57	Woodland Hills	2004
MEN 60-64				WOMEN 60-64					
04:57.51	Frank Condon	63	Chico	2006	06:27.55	Reiko Duba	61	Palmdale	2006
MEN 65-69				WOMEN 65-69					
05:00.7	Frank Condon	65	Chico	2008	07:29.16	Ellen Demsky	65	Tarzana	2006
MEN 70-74				WOMEN 70-74					
06:07.0	Jim Selby	71	Fallbrook	2000	07:43.2	Sumi Onodera-Leonard	73	Huntington Beach	2001
MEN 75-79				WOMEN 75-79					
06:21.86	Jim Selby	75	Fallbrook	2004	09:46.49	Peggy Ewing	76	Sacramento	2004
MEN 80-84				WOMEN 80-84					
08:48.57	Roy Murano	80	Monterey Park	2005	13:05.4	Lynette Luce	82	Eik Grove	2009
MEN 85-89									
07:41.3	Vincent Malizia	85	Northridge	2003					

PASADENA SENIOR OLYMPICS & CALIFORNIA STATE SENIOR GAMES CHAMPIONSHIPS

MEET RECORDS

1993-2009

5,000m RUN

MEN 50-54					WOMEN 50-54						
18:22.13	Nabor	Gomez	54.9	Lakewood	2007	22:40.7	Yoko	Eichel	53.2	Woodland Hills	2000
MEN 55-59						WOMEN 55-59					
17:37.95	Perry	Forrester	55.8	Topanga	2008	23:54.40	Janis	Campbell	55.3	Chula Vista	2006
MEN 60-64						WOMEN 60-64					
19:55.64	Byron	Melendy	62.9	La Crescenta	2004	23:14.9	Yvette	LaVigne	62.4	Los Angeles	2002
MEN 65-69						WOMEN 65-69					
21:02.7	Bill	Faulk	68.1	Arcadia	2001	28:28.43	Ellen	Demsky	65.7	Tarzana	2006
MEN 70-74						WOMEN 70-74					
23:41.6	Robert	Skanky	71.2	Ojai	2002	34:09.1	Dorothy	Tracey	72.0	Claremont	2000
MEN 75-79						WOMEN 75-79					
28:20.48	James	Franklin	76.8	Palm Springs	2006	35:03.06	Peggy	Ewing	76.7	Sacramento	2004
MEN 80-84						WOMEN 80-84					
29:53.1	Vincent	Malizia	83.6	Northridge	1998	33:33.9	Margaret	Davis	80.8	Azusa	2003
MEN 85-89											
43:47.2	George	Feinstein	89.5	Altadena	2003						

PASADENA SENIOR OLYMPICS & CALIFORNIA STATE SENIOR GAMES CHAMPIONSHIPS

MEET RECORDS 1993-2008

1500m RACE WALK (TRACK)

MEN 50-54				WOMEN 50-54						
07:26.7	Jesus	Orendain	M 50-54	Los Angeles	1993	08:13.8	Jaye Hanley	F 50-54	San Diego	1993
MEN 55-59				WOMEN 55-59						
07:34.3	Jesus	Orendain	M 55-59	Los Angeles	1999	08:55.9	Shirley Capps	F 55-59	Altadena	1995
MEN 60-64				WOMEN 60-64						
07:40.6	Carl	Acosta	M 60-64	North Hollywood	1994	08:45.8	Yoko Eichel	F 60-64	Woodland Hills	2008
MEN 65-69				WOMEN 65-69						
07:28.0	Jack	Bray	M 65-69	Greenbrae	1998	08:26.94	Shirley Capps	F 65-69	Altadena	2004
MEN 70-74				WOMEN 70-74						
08:20.4	Robert	Mimm	M 70-74	Willingboro, NJ	1998	10:05.1	Joann Beers	F 70-74	Lakewood	1998
08:49.7	Robert	Mimm	M 70-74	Lakewood	1999	WOMEN 75-79				
MEN 75-79				WOMEN 75-79						
08:29.3	Jack	Bray	M 75-79	Greenbrae	2008	12:11.36	Grace Moremen	F 75-79	Claremont	2006
MEN 80-84				WOMEN 80-84						
10:13.1	William	Moreman	M 80-84	Claremont	2008	MEN 85-89				
MEN 85-89				WOMEN 85-89						
11:19.8	Abe	Ulanoff	M 85-89	Southfield, MI	2003	MEN 90-94				
13:09.5	Phil	Carey	M 85-89	Camarillo	2001	WOMEN 90-94				

PASADENA SENIOR OLYMPICS & CALIFORNIA STATE SENIOR GAMES CHAMPIONSHIPS

MEET RECORDS 1993-2009

5000m RACE WALK (TRACK)

MEN 50-54 **WOMEN 50-54**

23:15.5 Larry Walker 54 M 50-54 Canoga Park 1997 28:41.3 Donna Cunningham 54 F 50-54 Sierra Madre 2001

MEN 55-59 **WOMEN 55-59**

27:14.4 Larry Walker 59 M 55-59 Woodland Hills 2002 28:50.07 Donna Cunningham 57 F 55-59 Sierra Madre 2004

MEN 60-64 **WOMEN 60-64**

27:32.72 Larry Walker 63 M 60-64 Woodland Hills 2006 29:27.28 Yoko Eichel 60 F 60-64 Woodland Hills 2007

MEN 65-69 **WOMEN 65-69**

26:41.2 Jack Bray 65 M 65-69 Greenbrae 1998 34:46.4 Joann Beers 67 F 65-69 Lakewood 1993

MEN 70-74 **WOMEN 70-74**

29:37.9 Robert Mimm 73 M 70-74 Willingboro, NJ 1998 36:19.61 Shirley Capps 73 F 70-74 Altadena 2009

31:09.5 Robert Mimm 74 M 70-74 Lakewood 1999 **WOMEN 75-79**

MEN 75-79 41:51.5 Florence Kerechuk 75 F 75-79 Los Angeles 2000

32:32.13 Carl Acosta 75 M 75-79 Los Angeles 2009

MEN 80-84

33:50.70 William Moreman 80 M 80-84 Claremont 2009

MEN 85-89

40:04.0 Abe Ulanoff 86 M 85-89 Southfield, MI 2003

44:47.22 John Levinsohn 86 M 85-89 Greenbrae 2007