

PASADENA SENIOR OLYMPICS & CALIFORNIA STATE SENIOR GAMES CHAMPIONSHIPS

RACE WALK ROAD RACE MEET RECORDS 1993-2011

5 Km Road Race - Hal McWilliams Course

Brookside Park, Pasadena, CA

MEN 50-54

0:26:51 Anatoliy Shipitsyn Russia 54 2008

MEN 55-59

0:28:22 Bill Neder Los Angeles 58 2008

MEN 60-64

0:27:04 Carl Acosta North Hollywood 60 1994

MEN 65-69

0:32:13 Gary Steck San Marcos 69 2008

MEN 70-74

0:33:03 Carl Acosta North Hollywood 70 2004

Men 75-79

0:36:06 Jorge Newberry Los Angeles 75 1995

Men 80-84

0:48:54 Amelio Giannetta Sun City 81 2006

WOMEN 50-54

0:29:14 Jolene Steigerwalt San Diego 51 1994

WOMEN 55-59

0:31:08 Donna Cunningham Sierra Madre 58 2005

WOMEN 60-64

0:30:39 Donna Cunningham Sierra Madre 60 2007

WOMEN 65-69

0:33:11 Janet Robinson La Mirada 67 2008

WOMEN 70-74

0:36:41 Shirley Capps Altadena 72 2007

5 Km Road Race - Cynthia Rosedale Course

Brookside Park, Pasadena, CA

MEN 50-54

0:30:10 Alex Kazaryan Los Angeles 54 2009

MEN 55-59

0:29:37 Alex Kazaryan Los Angeles 57 2011

MEN 60-64

0:37:16 Joel Fox Granada Hills 60 2009

MEN 65-69

0:31:28 Wayne Wurzbarger Winnetka 67 2009

MEN 70-74

0:35:00 Bob Nyman Bellflower 70 2009

MEN 75-79

0:32:29 Carl Acosta North Hollywood 75 2009

WOMEN 50-54

0:39:55 Jayme Cascesno Pasadena 53 2011

WOMEN 55-59

0:36:07 Luz Morales Los Angeles 58 2010

WOMEN 60-64

0:29:46 Yoko Eichel Woodland Hills 63 2010

WOMEN 65-69

0:31:47 Donna Cunningham Sierra Madre 65 2011

WOMEN 70-74

0:35:39 Yvette LaVigne Los Angeles 71 2011

WOMEN 75-79

0:35:58 Shirley Capps Altadena 76 2011

PASADENA SENIOR OLYMPICS & CALIFORNIA STATE SENIOR GAMES CHAMPIONSHIPS

RACE WALK MEET RECORDS 2004-2011

10 Km Road Race - Hal McWilliams Course

Brookside Park, Pasadena, CA

MEN 50-54

0:53:48 Anatolly Shipitsyn Los Angeles 54 2008

MEN 55-59

1:21:36 Joel Fox Granada Hills 58 2007

MEN 60-64

0:59:46 Larry Walker Woodland Hills 62 2005

MEN 65-69

1:08:00 Patrick Bivona La Verne 66 2007

MEN 70-74

1:07:06 Carl Acosta North Hollywood 72 2007

WOMEN 50-54**WOMEN 55-59****WOMEN 60-64**

1:05:53 Carol Bertino Signal Hill 60 2007

WOMEN 65-69

1:24:23 Anelise Smith Claremont 67 2005

WOMEN 70-74

1:32:57 Grace Moreman Claremont 74 2005

10 Km Road Race - Cynthia Rosedale Course

Brookside Park, Pasadena, CA

MEN 50-54

1:00:14 Alex Kazaryan Los Angeles 54 2009

MEN 55-59

1:03:16 John Magnussen Winnetka 56 2009

MEN 60-64

1:14:46 Joel Fox Granada Hills 61 2010

MEN 65-69

1:11:21 Patrick Bivona La Verne 68 2009

MEN 70-74

1:20:33 Jonathan Bloomberg San Diego 73 2011

MEN 75-79

1:08:48 Carl Acosta North Hollywood 76 2010

WOMEN 50-54

1:21:32 Jayme Cascesno Pasadena 53 2011

WOMEN 55-59

1:12:21 Wendy Clark San Diego 58 2011

WOMEN 60-64**WOMEN 65-69****WOMEN 70-74****WOMEN 75-79**

1:27:33 Grace Moreman Claremont 79 2010