

SCA - MEET RECORDS

New & Updated (now includes results back to 1977) (replaces meet records displayed at the June 2006 meet)

(SCA) Southern California Association Track & Field Championships
Includes Years 1977 through 2006 (except only portion of 1978).

Thank you to National Masters News (NMN) for assisting providing past meet results.

To be eligible for an SCA Meet Record, athlete must be SCA registered during time of mark.

(Athletes that have competed for other associations or other nation are not eligible for record)
(updated information would be appreciated).

The SCA has also seen it share of United States and World
Masters Age Records and single-age records broken during the meet by:
Walt Butler, Burl Gist, Bert de Groot, Kenny Dennis, John Dobroth, A. Redmond Doms,
Bill Fitzgerald, Arnie Gaynor, Joe Greenberg, Dave Jackson, Carol Johnston, Bill Knocke,
Gary Miller, Peter Mundle, James Oleson, Tom Patsalis, Del Pickarts, Charlie Rader,
Larry Stuart, Jack Thatcher, Milan Tiff, Clarence Trahan, Larry Walker, Bob Watanabe,
Stan Whitley, Sue Dimarco, Shirley Kinsey, Christel Donley (Miller), and others.

The following athletes marks are missing information:
Casey Ballwey (1985), Ann Bose (1981), Mike Chamblis (1980), Alfred Guth (1983),
Dave Leaton (1985), Mike Lozoya (1981), Joyce Momita (1981), Kathy Kunser (1981),
Sarah Jones (1981), Joyce Morgiewicz (1991), Kevin Sherlock (1983), Ed Williams (1985),
and Keith Ward (1986)

Any questions or updated information can be forwarded to:
Jeff Davison, P. O. Box 8031, Laguna Hills, CA 92654 jad-calif@cox.net

or the SCA Meet Director.

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Feb. 23, 2007

New & Updated

(replaces meet records displayed at the June 2006 meet)

Includes Years 1977 through 2006 (except only portion of 1978).

SCA Meet Locations (all in California):

June 17, 2006	Moorpark College, Moorpark (Ventura County)
June 11, 2005	West Los Angeles College, Culver City (PV at Culver City High)
June 12, 2004	Cerritos College, Norwalk
June 8, 2003	Orange Coast College, Costa Mesa
June 22, 2002	Birmingham High School, Van Nuys & Cal State Univ., Northridge
August 4, 2001	Long Beach City College, Long Beach (HT at Cal State Long Beach)
June 24, 2000	Cal State Long Beach, Long Beach
June 12, 1999	Occidental College, Eagle Rock
July 11, 1998	Fullerton College, Fullerton
June 8, 1997	Occidental College, Eagle Rock
June 9, 1996	Cal State Long Beach, Long Beach
April 8, 1995	Occidental College, Eagle Rock
June 18, 1994	Occidental College, Eagle Rock
June 27, 1993	Cerritos College, Norwalk
June 20, 1992	Occidental College, Eagle Rock
June 15, 1991	Occidental College, Eagle Rock
June 16, 1990	Occidental College, Eagle Rock
June 18, 1989	Occidental College, Eagle Rock
June 18, 1988	Occidental College, Eagle Rock
June 20, 1987	Occidental College, Eagle Rock
June 28, 1986	Occidental College, Eagle Rock
June 1, 1985	Occidental College, Eagle Rock
July 1, 1984	Occidental College, Eagle Rock
July 9, 1983	Cal State Long Beach, Long Beach
July 10, 1982	UCLA, Los Angeles
July 18, 1981	UCLA, Los Angeles
June 7, 1980	Cal State Univ. Northridge, Northridge
June 10, 1979	Cal State Univ. Northridge, Northridge
June 11, 1978	Cal State Univ. Northridge, Northridge
June 11, 1977	Cal State Univ. Northridge, Northridge (Pent. At Southwestern College)

Men's Pentathlon consists of LJ, JT, 200M, DT, and 1500M.

Woman's Pentathlon consist of H, HJ, SP, LJ, and 800M.

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<u>Age</u>	<u>Event</u>	<u>Name</u>	<u>Age</u>	<u>Mark</u>	<u>Year</u>	<u>Wind</u>
M30	100 Meter Dash	Mahasse Cornileus	M30	10.51	1999	---
M30	200 Meter Dash	Keita Cline	30	21.25	2005	1.4
M30	400 Meter Dash	Hilliard Sumner	34	48.8h	1980	---
M30	800 Meter	Tony Veney	M30	1:56.1h	1982	---
M30	1500 Meter	Brian Russell	M30	3:54.23	1992	---
M30	5,000 Meter	Nor Aviala	M30	15:16.70	1988	---
M30	10,000 Meter	Nolan Shaheed	M30	34:38.5h	1983	---
M30	110 M Hurdles (39")	Richard Holmes	34	15.20	2001	neg.
M30	400 M Hurdles (36")	Aaron Lacey	33	52.03	2004	---
M30	3000 M Steeple	Henry Lange	M30	10:26.5h	1983	---
M30	HJ	Mel Embree	M30	2.07	1985	---
M30	LJ	James Lofton	M30	7.40	1991	---
M30	TJ	Milan Tiff	M30	15.84	1981	---
M30	PV	Steve Smith	M30	4.87	1987	---
M30	SP	Rich Harrison	34	17.65	2004	---
M30	DT	Frank Reilly	M30	54.24	1981	---
M30	JT	Alan Collatz	M30	67.22	1996	---
M30	HT	Dagan Massey	M30	52.80	1996	---
M30	Pentathlon	Mike Streeter	M30	1656	1993	---
M30	Weight Pentathlon	Roosevelt Ivory	M30	2568	1993	---
M30	Race Walk 5000 M	Roger Brandwein	M30	28:27.9h	1982	---

M35	100 Meter Dash	Marion McCoy	M35	10.6h	1985	---
M35	200 Meter Dash	Eugene Driver	37	21.4h	1987	---
M35	400 Meter Dash	Hilliard Sumner	35	49.8h	1981	---
M35	800 Meter	John Perry	M35	1:56.1h	1982	---
M35	1500 Meter	D. Castenholtz	M35	4:02.75	1990	---
M35	5,000 Meter	Frank Duarte	M35	15:26.3h	1981	---
M35	10,000 Meter	Frank Duarte	M35	32:06.3h	1981	---
M35	110 M Hurdles (39")	Richard Benoy	35	14.30	2004	1.6
M35	400 M Hurdles (36")	Cornelius McCormick	M35	59.0h yard	1981	---
M35	3000 M Steeple	Henry Lange	M35	10:32.9h	1985	---
M35	HJ	Leo Williams	M35	2.10	1996	---
M35	LJ	Stan Whitley	M35	7.23	1984	---
M35	TJ	Lavell Davenport	36	14.83	1998	---
M35	PV	Nat Durham	M35	4.80	1991	---
M35	SP	Doug Wells	M35	16.09	1979	---
M35	DT	Frank Reilly	M35	55.87	1984	---
M35	JT	Joe Greenberg	M35	59.82	1988	---
M35	HT	Mike Deller	M35	50.34	1988	---
M35	Race Walk 5000 M	Ed Rinderle	M35	30:43.3h	1982	---
M35	Pentathlon	Andrew Hecker	M35	2173	1993	---

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<u>Age</u>	<u>Event</u>	<u>Name</u>	<u>Age</u>	<u>Mark</u>	<u>Year</u>	<u>Wind</u>
M40	100 Meter Dash	Stan Whitley	41	10.8h	1986 & 1987	---
M40	200 Meter Dash	Willie Gault	44	21.80	2005	1.4
M40	400 Meter Dash	Stan Whitley	41	49.8h	1987	---
M40	800 Meter	Nolan Shaheed	M40	1:58.19	1994	---
M40	1500 Meter	Peter Magill	44	4:03.52	2006	---
M40	5,000 Meter	John Araujo	40	15:55.80	1998	---
M40	10,000 Meter	Skip Shaffer	M40	35:20.0h	1981	---
M40	110 M Hurdles (39")	Richard Katus	M40	15.0h	1989	---
M40	400 M Hurdles (36")	Bill Knocke	M40	57.1h	1984	---
M40	3000 M Steeple	Dave Cook	M40	11:34.29	2000	---
M40	HJ	John Dobroth	41	2.00	1982	---
M40	LJ	Carl Flowers	M40	6.77	1991	---
M40	TJ	Milan Tiff	M40	15.49	1989	---
M40	PV	Charlie Brown	42	4.75	1998	---
M40	SP	Doug Wells	M40	15.35	1984	---
M40	DT	Lloyd Higgins	M40	51.96	1985	---
M40	JT	Joe Greenberg	M40	60.76	1991	---
M40	HT	Gordon BoBell	M40	50.03	1977	---
M40	Race Walk 5000 M	Larry Walker	M40	21:27.00	1988	---
M40	Pentathlon	Jon Kilroy	M40	2666	1993	---
M40	Weight Pentathlon	Mike Deller	M40	3543	1993	---

M45	100 Meter Dash	Stan Whitley	M45	11.06	1991	---
M45	200 Meter Dash	Stan Whitley	M45	22.30	1992	---
M45	400 Meter Dash	Stan Whitley	M45	51.02	1991	---
M45	800 Meter	Nolan Shaheed	M45	1:57.92	1997	---
M45	1500 Meter	Nolan Shaheed	M45	4:04.19	1997	---
M45	5,000 Meter	Frank Duarte	45	15:54.70	1987	---
M45	10,000 Meter	Andre Tocco	M45	33:39.0h	1981	---
M45	110 M Hurdles (39")	Theo Viltz	M45	15.0h	1989 & 1988	---
M45	400 M Hurdles (36")	Bill Knocke	M45	57.9h	1987	---
M45	3000 M Steeple	Dave Cook	46	11:44.33	2006	---
M45	HJ	Keith Nelson	45	1.93	2001	---
M45	LJ	Stan Royster	M45	6.40	1995	---
M45	TJ	Dave Jackson	49	12.91	1981	---
M45	PV	Gregg Miguel	M45	4.41	1994	---
M45	SP	Mike Nash	M45	14.71	1997	---
M45	DT	Lloyd Higgins	45	55.21	1987	---
M45	JT	Joe Greenberg	M45	59.88	1996	---
M45	HT	Stewart Thomson	M45	48.99	1982	---
M45	Race Walk 5000 M	Larry Walker	M45	21:39.00	1989	---
M45	Pentathlon	Frank Reilly	M45	4050	1993	---
M45	Weight Pentathlon	Thomas Starbuck	M45	2369	1993	---

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M50	100 Meter Dash	Ken Dennis	M50	11.2h	1989	---
M50	200 Meter Dash	Ken Dennis	M50	23.4h	1989	---
M50	400 Meter Dash	Don Parker	M50	52.7h	1993	---
M50	800 Meter	Nolan Shaheed	M50	2:01.72	2000	---
M50	1500 Meter	Neil Doherty	M50	4:32.70	1991	---
M50	5,000 Meter	Juan Cabeza	M50	17:25.40	1996	---
M50	10,000 Meter	Peter Mundle	M50	36:39.0h	1980	---
M50	100 M Hurdles (36")	Walt Butler	M50	13.84	1994	---
M50	400 M Hurdles (33")	Bill Knocke	M50	63.32	1991	---
M50	3000 M Steeple	John Cosgrove	M50	11:58.40	1989	---
M50	HJ	Charlie Rader	50	1.80	1998	---
M50	LJ	David Quick	50	5.94	2006	nwi
M50	TJ	Dave Jackson	50	13.19	1982	---
M50	PV	Wayne Lambert	M50	4.35	2000	---
M50	SP	Doug Wells	M50	14.57	1994	---
M50	DT	Parry O'Brien	M50	55.08	1985	---
M50	JT	Larry Stuart	M50	68.28	1992	---
M50	HT	F. S. Thompson	M50	52.90	1992	---
M50	Race Walk 5000 M	Bill Nader	M50	20:07.00	1992	---
M50	Weight Pentathlon	Luigi Schiavo	M50	1871	1993	---

M55	100 Meter Dash	Nick Newton	M55	12.3h	1989	---
M55	200 Meter Dash	Walt Butler	57	24.00	1998	---
M55	400 Meter Dash	C. Kirkby	M55	57.03	1994	---
M55	800 Meter	Nolan Shaheed	56	2:08.47	2006	---
M55	1500 Meter	Nolan Shaheed	56	4:24.04	2006	---
M55	5,000 Meter	Pat Devine	M55	17:33.5h	1985	---
M55	100 M Hurdles (36")	Walt Butler	M55	14.82	1996	---
M55	400 M Hurdles (33")	Bill Knocke	M55	65.20	1997	---
M55	3000 M Steeple	Avery Bryant	M55	12:15.5h	1983	---
M55	HJ	Charlie Rader	55	1.70	2003	---
M55	HJ	Phil J. Fehlen	M55	1.70	1991	---
M55	LJ	Tom Patsalis	M55	6.10	1981	---
M55	TJ	Tom Patsalis	M55	11.92	1980	---
M55	PV	Wayne Lambert	57	3.66	2003	---
M55	SP	Russ Hodge	M55	15.23	1996	---
M55	DT	Stu Thomson	M55	47.77	1989	---
M55	JT	Larry Stuart	M55	65.75	1995	---
M55	HT	Stu Thomson	M55	50.60	1989	---
M55	Race Walk 5000 M	John Kelly	M55	26:54 h	1986	---
M55	Pentathlon	Ted Oviatt	58	2662	1992	---

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M60	100 Meter Dash	Kenny Dennis	M60	12.24	2000	---
M60	200 Meter Dash	Doug Smith	M60	24.93	2000	---
M60	400 Meter Dash	Gene Harte	M60	61.2h	1988	---
M60	800 Meter	Ron Salupo	60	2:19.89	2004	---
M60	1500 Meter	Robert Culling	M60	5:02.16	1992	---
M60	5,000 Meter	Pat Devine	M60	18:19.00	1989	---
M60	10,000 Meter	Pat Devine	M60	37:18.6h	1982	---
M60	100 M Hurdles (33")	Tom Patsalis	M60	16.2h	1982	---
M60	100 M Hurdles (33")	Bill Knocke	M60	16.49	2000	---
M60	300 M Hurdles (30")	Will Robinson	M60	48.72	1991	---
M60	2000 M Steeple	Walt Acheson	M60	14:05.20	1988	---
M60	HJ	Davie Perry	63	1.55	2002	---
M60	LJ	Tom Patsalis	60	6.07	1982	---
M60	TJ	Tom Patsalis	60	11.96	1982	---
M60	PV	Gary Miller	M60	3.50	1999	---
M60	SP	George Ker	M60	15.63	1983	---
M60	DT	Bob Humphreys	M60	50.64	1996	---
M60	JT	Larry Stuart	M60	62.56	1999	---
M60	HT	Bob Humphreys	M60	48.46	1996	---
M60	Race Walk 5000 M	Carl Acosta	64	29:26.56	1998	---
M60	Weight Pentathlon	Jan Smit	M60	3100	1993	---

M65	100 Meter Dash	Doug Smith	65	13.15	2005	2.0
M65	200 Meter Dash	Doug Smith	66	26.94	2006	nwi
M65	400 Meter Dash	Don Cheek	68	63.90	1998	---
M65	800 Meter	Sid Wing	M65	2:32.30	1997	---
M65	1500 Meter	Rob Culling	M65	5:15.41	1997	---
M65	5,000 Meter	Larry Banuelos	M65	19:49.10	1989	---
M65	10,000 Meter	Gordon McClenethen	67	46:26.00	2001	---
M65	100 M Hurdles (33")	Bob Hunt	67	17.7h	1987	---
M65	300 M Hurdles (30")	Bob Watanabe	M65	49.19	1991	---
M65	2000 M Steeple	Avery A. Bryant	M65	8:51.20	1993	---
M65	2000 M Steeple (30")	Gordon McClenethen	69	9:37.05	2003	---
M65	HJ	John Dobroth	65	1.64	2006	---
M65	LJ	Tom Patsalis	65	5.04	1987	---
M65	TJ	Tom Patsalis	65	10.73	1987	---
M65	PV	James (Jim) Vernon	M65	3.20	1982	---
M65	SP	Hal Smith	65	14.03	2001	---
M65	DT	Dan Aldrich	M65	44.68	1988	---
M65	JT	Larry Stuart	65	57.44	2003	---
M65	HT	Bob Humphreys	67	41.47	2003	---
M65	Race Walk 5000 M	Carl Acosta	67	30:53.93	2001	---
M65	Weight Pentathlon	Jerry Harwood	67	2707	2006	---

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M70	100 Meter Dash	Dave Lawyer	M70	14.1h	1989	---
M70	200 Meter Dash	Dave Lawyer	M70	29.2h	1989	---
M70	400 Meter Dash	Pete Ganahl	M70	68.4h	1988	---
M70	800 Meter	Avery A. Bryant	M70	2:48.95	1994	---
M70	1500 Meter	Efrain Sanchez	M70	6:01.51	1999	---
M70	5,000 Meter	Gunnar Linde	M70	21:06.8h	1999	---
M70	80 M Hurdles (30")	Al Guidet	M70	14.18	1990	---
M70	300 M Hurdles (27")	Pete Ganahl	70	58.3h	1987	---
M70	2000 M Steeple	Gordon McClenethen	72	10:42.44	2006	---
M70	HJ	Pete Ganahl	M70	1.27	1987	---
M70	LJ	Tom Patsalis	M70	4.83	1992	---
M70	TJ	Tom Patsalis	M70	9.79	1992	---
M70	PV	James (Jim) Vernon	M70	2.89	1989	---
M70	PV	Carol Johnson	M70	2.89	1986	---
M70	SP	Arnie Gaynor	70	14.77	1998	---
M70	DT	Bob Humphreys	70	45.00	2006	---
M70	JT	William Morales	70	46.27	1987	---
M70	HT	Jim Minah	M70	41.24	1990	---
M70	Race Walk 5000 M	Carl Acosta	70	32:39.1	2004	---

M75	100 Meter Dash	Anthony Castro	M75	14.3h	1986	---
M75	200 Meter Dash	Anthony Castro	M75	30.6h	1986	---
M75	400 Meter Dash	Al Escobosa	75	1:20.84	2003	---
M75	800 Meter	Avery A. Bryant	M75	3:20.55	2000	---
M75	1500 Meter	Avery A. Bryant	M75	8:22.73	2000	---
M75	HJ	Claude Taggard	75	1.22	1987	---
M75	LJ	Jeremiah Gaines	75	3.77	1987	---
M75	TJ	Charles Mercurio	M75	8.21	1995	---
M75	PV	Carol Johnson	75	2.74	1987 & 1988	---
M75	SP	A. Redmond Doms	M75	11.45	1982	---
M75	SP	Stan Herrmann	M75	10.65	1980	---
M75	DT	A. Redmond Doms	M75	34.97	1982 & 1983	---
M75	JT	Allan Trefry	75	30.55	2004	---
M75	HT	Stan Herrmann	M75	28.26	1980	---
M75	Race Walk 5000 M	Bill Moremen	76	32:54.0	2004	---

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M80	100 Meter Dash	Clarence Trahan	M80	15.9h	1995	---
M80	200 Meter Dash	Clarence Trahan	M80	39.17	1997	---
M80	400 Meter Dash	Vincent Malizia	83	1:39.61	1998	---
M80	1500 Meter	Vincent Malizia	83	6:42.87	1998	---
M80	5,000 Meter	Paul Spangler	M80	26:02.8h	1980	---
M80	HJ	Carol Johnston	M80	1.07	1992	---
M80	LJ	Clarence Trahan	M80	3.66	1995	---
M80	TJ	Clarence Trahan	M80	7.18	1995	---
M80	PV	Carol Johnston	M80	2.51	1992	---
M80	SP	Burt DeGroot	80	8.37	1987	---
M80	DT	Burt DeGroot	80	26.94	1987	---
M80	JT	Don Roser	80	26.48	2004	---
M80	HT	John Whittemore	M80	20.19	1980	---
M80	Race Walk 5000 M	Tony Perona	M80	35:33.00	1989	---

M85	100 Meter Dash	Anthony Castro	88	17.99	1998	---
M85	200 Meter Dash	Anthony Castro	88	41.51	1998	---
M85	LJ	Clarence Trahan	85	2.54	2001	---
M85	PV	Carol Johnston	M85	2.21	1997	---
M85	SP	Burt de Groot	M85	7.46	1992	---
M85	DT	Pete (Cleo) Allen	86	16.96	1998	---
M90	100 Meter Dash	Anthony Castro	M90	19.64	2000	---

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W30	100 Meter Dash	Rosalyn Bryant	W30	12.34	1988	---
W30	200 Meter Dash	Lorena Boothe	W30	24.15	1988	---
W30	400 Meter Dash	Tina Bowman (Stough)	34	62.3h	1987	---
W30	800 Meter	Liz Guerrini	34	2:13.35	2004	---
W30	1500 Meter	Michelle Ishio	34	4:54.30	2006	---
W30	5,000 Meter	Linda Wallace	W30	21:54.7	1995	---
W30	Short Hurdles	Pam Page	W30	13.34	1988	---
W30	Steeple: 2000 Meter	Pilar Delgado	33	8:55.41	2004	---
W30	HJ	Lisa Riech	34	1.79	2004	---
W30	LJ	Martha Watson	W30	5.47	1981	---
W30	PV	Sue Dimarco	W30	3.24	1996	---
W30	SP	Janet Wilson	W30	10.51	1986	---
W30	DT	Janet Wilson	W30	44.11	1986	---
W30	JT	Sheila Carpenter	W30	44.24	1988	---
W30	HT	Sheila Carpenter	W30	31.84	1990	---
W30	Race Walk 5000 M	Vicki Jones	W30	25:10.9h	1981	---
		---	---	---	---	---
W35	100 Meter Dash	Grace A. Dinkins	35	11.87	2002	nwi
W35	200 Meter Dash	Rosayln Clark	W35	25.27	1991	---
W35	400 Meter Dash	Tina Bowman (Stough)	W35	64.8h	1989	---
W35	800 Meter	Claudette Groenendaal	W35	2:13.14	2000	---
W35	1500 Meter	Darsie Bowden	W35	4:45.1	1989	---
W35	5,000 Meter	Debbie Lee (Barraza)	W35	20:05.80	1996	---
W35	10,000 Meter	Maxine Waters	W35	46:25.3h	1982	---
W35	400 M Hurdles	Ann Marie Lunsman	35	1:13.45	2005	---
W35	HJ	Niina Ranta-Bagdaser	39	1.65	2002	---
W35	LJ	Elaine Iba	W35	4.76	1997	---
W35	TJ	Elaine Iba	W35	9.00	1997	---
W35	PV	Sue Dimarco	35	3.53	1998	---
W35	SP	Janet Wilson	W35	10.84	1992	---
W35	DT	Grace Apiati	W35	47.92	1992	---
W35	JT	Tammy Mack	W35	22.56	2000	---
W35	Race Walk 5000 M	Vicki Jones	W35	25:49.0h	1982	---
		---	---	---	---	---
W40	100 Meter Dash	Wanda Snell	W40	13.14	1999	---
W40	200 Meter Dash	Wanda Snell	W40	26.7h	1999	---
W40	400 Meter Dash	Diane Heil	W40	63.02	1999	---
W40	800 Meter	Marie Murphy	W40	2:21.46	1999	---
W40	1500 Meter	Marie Murphy	W40	4:49.62	1999	---
W40	5,000 Meter	Marina Jones	W40	18:55.12	1993	---
W40	80 M Hurdles	Caren Ware	43	14.93	2006	nwi
W40	400 M Hurdles	Tina Bowman (Stough)	W40	1:10.8	1995	---
W40	Steeple: 2000 Meter	Caren Ware	W40	8:55.21	2004	---

Meet Records

Feb. 23, 2007

(SCA) Southern California Association Track & Field Championships

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<u>Age</u>	<u>Event</u>	<u>Name</u>	<u>Age</u>	<u>Mark</u>	<u>Year</u>	<u>Wind</u>
W40	HJ	Christel Donley (Miller)	44	1.37	1979	---
W40	LJ	Deby Swezey (LaPlante)	W40	4.68	1993	---
W40	TJ	Elaine Iba	42	9.06	2003	nwi
W40	SP	Janet Wilson	W40	9.34	1995	---
W40	DT	Janet Wilson	W40	42.97	1993	---
W40	JT	Kathy Kennedy	W40	33.62	1991	---
W40	Race Walk 5000 M	Donna Cunningham	W40	30:59	1989	---
W40	Pentathlon	Tina Bowman (Stough)	W40	2431	1993	---
W45	100 Meter Dash	Christel Donley (Miller)	48	13.9h	1983	---
W45	200 Meter Dash	Tina Bowman (Stough)	W45	28.68	1996	---
W45	400 Meter Dash	Jean (Jeanne) Carter	W45	66.2h	1985	---
W45	800 Meter	Lolita Bache	W45	2:29.5	1989	---
W45	1500 Meter	Debbie Lee (Barraza)	48	5:26.5	2005	---
W45	5,000 Meter	Wendy Bracamonte	46	21:21.79	2001	---
W45	400 M Hurdles	Tina Bowman (Stough)	W45	75.42	1999	---
W45	HJ	Christel Donley (Miller)	45	1.33	1980	---
W45	LJ	Christel Donley (Miller)	45	4.26	1980	---
W45	SP	Karen Vaughn	45	9.25	2003	---
W45	DT	Christel Donley (Miller)	W45	25.37	1982	---
W45	JT	Christel Donley (Miller)	47	31.49	1982	---
W45	Race Walk 5000 M	Virginia Scales	W45	28:32	1988	---
W50	100 Meter Dash	Kathy Bergen	W50	14.33	1994	---
W50	200 Meter Dash	Kathy Bergen	W50	30.09	1994	---
W50	400 Meter Dash	Denise Janneck	52	1:12.31	2006	---
W50	800 Meter	Yvette LaVigne	W50	2:35.44	1992	---
W50	1500 Meter	Gina Faust	W50	5:16.5	1988	---
W50	5,000 Meter	Margaret Miller	54	19:27.0h	1980	---
W50	10,000 Meter	Helen Dick	54	43:47.7h	1981	---
W50	80 M Hurdles	Christel Donley (Miller)	W50	14.6h	1985	---
W50	300 M Hurdles	Tina Bowman (Stough)	51	56.91	2004	---
W50	HJ	Kay Sparks	W50	1.32	2000	---
W50	LJ	Christel Donley (Miller)	W50	4.04	1985	---
W50	TJ	Linda Cohn	53	8.96	2006	nwi
W50	SP	Linda Cohn	53	9.84	2006	---
W50	DT	Linda Cohn	53	28.28	2006	---
W50	JT	Linda Cohn	53	40.19	2006	---
W50	HT	Linda Cohn	53	16.84	2006	---
W50	Race Walk 5000 M	Donna Cunningham	54	28:53.24	2001	---
W50	Weight Pentathlon	Linda Cohn	53	2951	2006	---

Meet Records

Feb. 23, 2007

(SCA) Southern California Association Track & Field Championships

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W55	100 Meter Dash	Kathy Bergen	W55	14.1h	1995	---
W55	200 Meter Dash	Kathy Bergen	W55	30.4h	1995	---
W55	400 Meter Dash	Lynn Naftel	57	1:08.63	2002	---
W55	800 Meter	Jeanne Hoagland	W55	2:48.34	1992	---
W55	1500 Meter	Jeanne Hoagland	W55	5:50.1	1992	---
W55	5,000 Meter	Heleno Gerundo	W55	25:09.38	1997	---
W55	10,000 Meter	Helen Dick	55	43:09.7h	1982	---
W55	80 M Hurdles	Lynn Naftel	57	16.65	2002	nwi
W55	300 M Hurdles	Lynn Naftel	57	57.53	2002	---
W55	2000 M Steeple	Anne Fisk	55	14:26.0	2002	---
W55	HJ	Christel Donley (Miller)	W55	1.20	1993	---
W55	LJ	Magdalena Kuehne	56	3.72	1987	---
W55	TJ	Magdalena Kuehne	56	7.49	1987	---
W55	SP	LaTanya Glass	58	9.22	2005	---
W55	DT	Shirley Kinsey	W55	29.88	1985	---
W55	JT	Christel Donley (Miller)	W55	30.36	1992	---
W55	HT	Pat Hunter	W55	18.91	1999	---
W55	Race Walk 5000 M	Donna Cunningham	57	28:15.9	2004	---
W60	100 Meter Dash	Kathy Bergen	64	14.31	2004	1.6
W60	200 Meter Dash	Jeanne Hoagland	61	35.43	1998	---
W60	400 Meter Dash	Alice Werbel	W60	1:37.0h	1981	---
W60	800 Meter	Yvette LaVigne	W60	2:41.05	2000	---
W60	1500 Meter	S. Onodero-Leonard	W60	6:56.3	1989	---
W60	Short Hurdles	Shirley Kinsey	W60	19.1h	1989	---
W60	HJ	Kathy Bergen	64	1.32	2004	---
W60	LJ	Magdalena Kuehne	W60	3.28	1993	---
W60	TJ	Magdalena Kuehne	W60	7.63	1994	---
W60	PV	Shirley Kinsey	W60	1.21	1993	---
W60	SP	Christel Donley (Miller)	W60	7.65	1996	---
W60	DT	Shirley Kinsey	W60	20.08	1989	---
W60	JT	Christel Donley (Miller)	W60	27.02	1996	---
W60	HT	Pat Hunter	60	19.32	2003	---
W60	Race Walk 5000 M	Janet Robinson	64	32:01.21	2005	---
W65	100 Meter Dash	Kathy Bergen	66	14.47	2006	1.4
W65	200 Meter Dash	S. Onodero-Leonard	W65	38.0h	1995	---
W65	400 Meter Dash	S. Onodero-Leonard	W65	84.77	1997	---
W65	800 Meter	S. Onodero-Leonard	W65	3:16.05	1997	---
W65	HJ	Kathy Bergen	66	1.25	2006	---
W65	LJ	Magdalena Kuehne	W65	3.25	1997	---

Meet Records

Feb. 23, 2007

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W65	TJ	Magdalena Kuehne	W65	7.56	1997	---
W65	PV	Shirley Kinsey	W65	1.67	1995	---
W65	SP	Edith Mendyka	68	8.43	1979	---
W65	DT	Edith Mendyka	W65	17.22	1980	---
W65	JT	Edith Mendyka	W65	21.15	1980	---
W65	Race Walk 5000 M	Joann Beers	W65	34:22.4	1991	---
W70	100 Meter Dash	S. Onodero-Leonard	W70	17.75	1999	---
W70	200 Meter Dash	S. Onodero-Leonard	W70	37.6h	1999	---
W70	400 Meter Dash	Bess James	W70	1:37.6h	1981	---
W70	800 Meter	Bess James	W70	3:53.0h	1982	---
W70	800 Meter	Dorothy Stotsenberg	W70	4:36.5	1987	---
W70	1500 Meter	Bess James	W70	8:18.4h	1981	---
W70	10,000 Meter	Bess James	W70	1:05:37.6h	1981	---
W70	HJ	Johnnye Valien	W70	0.97	1997 & 1999	---
W70	LJ	Johnnye Valien	W70	3.23	1999	---
W70	PV	Johnnye Valien	W70	1.52	1999	---
W70	SP	Edith Mendyka	W70	8.40	1981	---
W70	DT	Edith Mendyka	W70	18.14	1981	---
W70	JT	Edith Mendyka	W70	21.16	1981	---
W70	Race Walk 5000 M	Joann Beers	72	37:43.88	1998	---
W75	200 Meter Dash	Bess James	W75	45.2h	1985	---
W75	400 Meter Dash	Dorothy Stotsenberg	W75	2:02.4h	1991	---
W75	800 Meter	Bess James	W75	4:06.1h	1985	---
W75	5,000 Meter	Bess James	W75	31:31.0h	1985	---
W75	LJ	Edith Mendyka	W75	1.89	1986	---
W75	TJ	Edith Mendyka	76	7.49	1987	---
W75	SP	Edith Mendyka	W75	7.53	1986	---
W75	DT	Edith Mendyka	W75	15.79	1986 & 1987	---
W75	JT	Edith Mendyka	76	20.01	1987	---
W85	100 Meter Dash	Mary Ames	W85	36.5h	1989	---
W85	800 Meter	Mary Ames	W85	6:38.6	1989	---

Meet Records

Feb. 23, 2007

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M30-39	Relay 4 x 100 Meter	So Cal Striders	M30-39	42.9h	1980	---
		Warren Spikes, Glenn Johnson, Reggie Davis, Eugene Driver				
M30-39	Relay 4 x 400 Meter	Reggie Davis, Eugene Driver	M30-39	3:28.7h	1981	---
M40-49	Relay 4 x 100 Meter	Corona Del Mar	M40-49	43.1h	1980	---
M40-49	Relay 4 x 400 Meter	So Cal Striders	M40-49	3:50.5h yard	1977	---
M50-59	Relay 4 x 100 Meter	Corona Del Mar	M50-59	49.4h	1980	---
M60-69	Relay 4 x 100 Meter	Team USA	M60-69	48.51	2000	---
		Corona Del Mar (Jeanne Carter, Christel Donley (Miller), Ellen Fuller, Shirley Kinsey)				
W40-49	Relay 4 x 100 Meter	Fuller, Shirley Kinsey)	W40-49	58.2h	1980	---