

SCHEDULE

SATURDAY

BANTAMS- - - - TRIATHLON

High Jump, Shot Put, 200 M Girls 400 M Boys

MIDGETS- - - - -PENTATHLON

80 M Hurdles, High Jump, Shot Put, Long Jump, 800 M Girls
1500 M Boys.

INTERMEDIATES/YOUNG WOMEN - - HEPTATHLON

Day One- 100 M Hurdles, High Jump, Shot Put, 200 M

INTERMEDIATES/YOUNG MEN - - DECATHLON

Day One- 100 M, Long Jump, Shot Put, High Jump, 400 M

SCHEDULE

SUNDAY

9:00 am Start

YOUTH- - - PENTATHLON

100 M Hurdles, High Jump, Shot Put, Long Jump, 800 M Girls
1500 M Boys

INTERMEDIATES/YOUNG WOMEN- - - HEPTATHLON

Day Two- Long Jump, Javelin, 800 M

INTERMEDIATES/YOUNG MEN - - DECATHLON

Day Two- 110 M Hurdles, Discus, Pole Vault, Javelin, 1500 M

ADVANCING

The top 8 finishers in each age group will advance to the Regional JO competition to be held on July 11-12, 2009.

NOTE

You must participate at this meet in order to be eligible to advance to the Regional meet and the Junior Olympic National Championships. Intermediates and above must compete both days in order to advance. Waivers may be given as long as the request is done at the Association meet.... and all fees are paid.

AWARD

JUNIOR OLYMPIC Association medals will be awarded to athletes finishing 1st thru 3rd. However, there is a possibility that we will give medals to more places providing we have enough medals

DIRECTIONS

10 FREEWAY to Azusa Ave exit and go south to Cameron Ave. Turn RT and go to 1609 E Cameron Ave, less than a mile. School and Parking lot will be on the right. From the 60 Freeway you can exit on Azusa and go north about 5 miles and turn left on Cameron.