

IMANI

Speed City Track Club Annual All-Comers Meet

- Hosted By:** **Imani Speed City Track Club**
- Date:** Saturday, February 28, 2009
- Site:** Dominguez High School
15301 San Jose
Compton, CA 90221
Note: If using map quest put Paramount, CA.
- Starting Time:** 7:00 AM Registration
8:00 AM Field and Running Events
- Contact Person:** Steve Todd: (310) 438-3004 or (310) 748-8072
- Eligibility:** Boys and Girls in the following Divisions:
Sub Bantam.....2001
Bantam.....1999-2000
Midget.....1997-1998
Youth.....1995-1996
Intermediate.....1993-1994
Young Men/Young Women.....1991-1992
- Limitation:** Sub Bantams, Bantams and Midgets are limited to **3** events.
Youth, Intermediate and Young Men/Women are limited to **4** events
- Surface:** ALL-Weather Track and Runway, ¼ Spikes of less and 9 lanes
- Entry Fee:** \$1.50 per individual event and \$6.00 per relay. Team entries are to be paid in cash or club check (**NO PERSONAL CHECKS ACCEPTED**)
- Awards:** Ribbons for all Flights
- Concession:** Food and Drinks will be available for purchase
- Meet Results:** Will be provided On-Line under www.scausatf.org
- Check-In:** **All participants must check in at the Clerk of the Course when their events are called. Field Events participants must report directly to the official on the field in charge of the event when called.**

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Order of Events

RUNNING EVENTS – START TIME: 8:00 a.m.

| | |
|-------------------|--|
| 1500M RUN | BG, BB, MG, MB, YG, YB, IG, IB, YW, YM |
| 4 X 100M RELAY | ALL DIVISIONS |
| 200M DASH | SBG, SBB (SUB BANTAMS ONLY) |
| 400M DASH | BG, BB, MG, MB, YG, YB, IG, IB, YW, YM |
| 100M DASH | ALL DIVISIONS |
| 200M/400M HURDLES | YM, IB, YW, IG, YB, YG |
| 1500M RACE WALK | BG, BB, MG, MB |
| 4X800 RELAY | MG, MB, YG, YB, IG, IB, YW, YM |

FIELD EVENTS – START TIME: 8:00 a.m.

| | |
|--------------|--|
| Long Jump | SBG, SBB, BG, BB, MG, MB, YG, YB, IG, IB, YW, YM |
| High Jump | BG, BB, MG, MB, YG, YB, IG, IB, YW, YM |
| Shot Put | IG, IB, YG, YB, MG, MB, BG, BB |
| Mini Javelin | MG, MB, BB, BG |

**“In all thy ways acknowledge him, and
he shall direct thy paths.”
-Proverbs 3:6**