

2010 L.A. Jets Relay Carnival

Sponsor: The Los Angeles Jets Track Club

Sanctioned: The Southern California Association / USATF

Date: Saturday March 27, 2010

Time: **8:00 a.m.**

Site: **Rancho Cienega Park** - All-Weather Track surface. Restricted to 1/4" Pyramid Spikes, or less.

No gum, or any colored drinks allowed in the infield. Only water

5001 Rodeo Road – L. A. 90016

Directions: Harbor (110) F/W to Santa Monica (10) F/W West to Crenshaw Exit, South to Rodeo Road, Right to site.

Eligibility:

Any boy or girl in the following divisions - Sub-Bantam - Born 2002 or later. Bantam 2000-2001, Midget 98-99, Youth 96-97, Intermediate 94-95.

Limitation:

Sub-Bantam, Bantam and Midgets are limited to three events. Youth and Intermediate are limited to four events.

Sub-Bantam: (No 400m Dash)

(Entry Fees:

\$1.50 per individual event, and \$6.00 per relay. entry fees are to be paid in cash or club check (**No personal checks**)

Registration:

Pre-registration is not a requirement. Day of the meet registration will start at 7:00 a.m., and will remain open throughout the meet.

Meet Information:

Coach Woods (323) 779-8860

Awards:

Custom Ribbons first through six in every heat. First through eight in field events.

Check In:

All participants in running events must check in with the clerk of the course when their event is called. Field event participants must report directly to the official on the field in charge of their event when it is called.

Protests: USATF Rules will apply. Protest must be accompanied by \$35.00.

Concession: A snack bar will be available.

ORDER OF EVENTS

Running Event Order

1. 1500m Run Bantam --Intermediate
2. 4x200m Relay Sub-Bantam --Intermediate
3. 4x800m Relay Midget-- Intermediate
4. 200m Dash Sub-Bantams only
5. 400m Dash Bantam --Intermediate
6. 4x100m Relay Sub-Bantam -- Intermediate
7. Parent & Coaches 4x100m Relay
8. 100m Dash Sub-Bantam--Intermediate
9. 4x400 Relay Sub-Bantam -- Intermediate

Field Events

Shot Put IG, IB, YG, YB, MG, MB, BG, BB

Long Jump SBG, SBB, BG, BB, MG, MB, YG, YB, IG, IB

High Jump BG, BB, IG, IB, MG, MB, YG, YB

Mini-Javelin Midget Boy, Girl - Bantam Boy, Girl, Sub-Bantam Boy, Girl

