

# 4th Annual South Orange County Wildcats



Cross Country Invitational  
Sunday October 11, 2009  
Hidden Valley Park, Irvine CA  
(Powered by)



**SANCTIONED BY:** Southern California Association / U.S.A. TRACK & FIELD

**Start Time:** Course Walk – 8:15am, First Race – 9:00am

**Site:** The Course is located on the grounds of Hidden Valley (Camp James): 8800 Irvine Center Drive, Irvine, CA 92618

**MEET DIRECTOR:** Darren Phelps (949) 916-9695 or (949) 235-5968

**Registration:** Please e-mail a list of athletes Name, date of birth no later than Oct 8<sup>th</sup> 2009

Darren Phelps [ocwildcats@cox.net](mailto:ocwildcats@cox.net) or mail them to 27068 La Paz #294 Aliso Viejo, CA 92656

**Directions:**

From I-5, exit Bake Parkway, turn west two blocks to Irvine Center Drive, turn north, one block to Lion Country Rd, turn left into park.

From I-405, exit Irvine Center Drive, turn south one block, to Lion Country Rd., turn right into park.

**Parking:** Follow signs to Wildcat Invitational Parking

<b>Divisions:</b>	<b>Sub Bantam:</b>	<b>2001 and later</b>	<b>2000m (9:00am)</b>
	<b>(Combined Boys &amp; Girls)</b>		
	<b>Bantam:</b>	<b>1999 – 2000</b>	<b>3000m</b>
	<b>Midget:</b>	<b>1997 – 1998</b>	<b>3000m</b>
	<b>Youth:</b>	<b>1995 – 1996</b>	<b>4000m</b>
	<b>Intermediate:</b>	<b>1993 – 1994</b>	<b>5000m</b>
	<b>Young Men/Women</b>	<b>1991 – 1992</b>	<b>5000m</b>

**Course:** The course is a generally flat, running on dirt, grass, and pavement with one short hill.

**Awards:** Custom trophies to the first three (3) finishers. Medals (4<sup>th</sup> – 10<sup>th</sup> place)  
**Ribbons** for all finishers. Team trophies will be awarded to the first place team in each division. A Team will consist of at least 3 athletes and a maximum of 5 runners per team to be eligible for team awards.

**Entry Fee:** \$3.00 per individual entry and \$10.00/team

**Registration:** Registration will open at 7:30am

**Snack Bar:** Fruits, muffins, Bagels, coffee, juices, water, sodas, sports drinks, donuts

**Photos:** Meet Photos available on website

**Results:** Posted on [usatf.org](http://usatf.org)