32ND Annual



JIM BUSH TRACK & FIELD **CHAMPIONSHIPS**

2017 USATF Southern California Championships

USATF West Region Track & Field Championships





Pomona-Pitzer Colleges, Claremont

SITE & SPIKES: Strehle Track at Pomona College in Claremont, an eight-lane track with excellent throwing and jumping

facilities. Spikes must be pyramid 1/4 inch or shorter.

AWARDS: USATF Championship medals will be awarded to the first 3 place-winners in each event.

TIMING: Fully automatic timing by Royal Results.

ON-TIME ENTRY FEE: \$29.00 per athlete. (Unlimited events.)

USATF MEMBERSHIP: U.S. competitors and resident aliens must be 2017 members of USA Track & Field. A current 2017

> membership number will be required to submit an online meet entry. Athletes can join/renew their memberships at www.usatf.org/membership/application. If you are an international athlete without a

green card or an F-1 visa, see the last sentence in the following section.

ENTRY PROCEDURE &

DEADLINE:

On-time entries must be made on-line at www.jimbushmeet.com by 11:59 p.m. PDT on Sunday, May

28. Athletes must be entered as "unattached" if they are not members of a USATF-registered club. Premeet entries will be posted at www.jimbushmeet.com and updated hourly as received. Entries will be posted at <u>www.royalresults.com</u> on Thursday, June 1. International athletes e-mail

ericbarron@roadrunner.com for entry information.

LATE ENTRIES: Late entries must be made on-line at www.jimbushmeet.com by 9:00 a.m. PDT on Wednesday, May 31.

Please note the late on-line entry fee is \$40.00.

ATHLETE CHECK-IN: RUNNING EVENTS: 45-minutes prior to the scheduled start of each running event, competitors must

> check in at the CLERK'S TENT—after which those who have not checked in will be scratched. 20 minutes prior to each running event, runners must return to the Clerk to pick up their hip numbers and heat

assignments.

FIELD EVENTS: 45 minutes prior to the event, competitors must check in with the Head Judge.

IMPLEMENT WEIGH-IN: Throwing implements will be certified in the shed on the west side of the track.

PARKING & Parking is available on Mills Avenue between First and Sixth and in surrounding neighborhoods. The track

ADMISSION: entrance is at 527 N. Mills Ave., Claremont. A school map is at www.pomona.edu/map/. Spectator

admission is only \$5 (kids under 10 are free).

RESULTS: Copies of results will be available at www.scausatf.org and www.royalresults.com/results/.

The Southern California USATF Championship celebrates the extraordinary coaching career of Jim Bush. Jim's success as a Southern California high school, junior college, and university coach is without peer. Fullerton High School, Kern County, CA, Bakersfield College, Occidental College, UCLA, the U.S. Track Coaches Association, and USA Track & Field have all inducted Jim into their Hall-of-Fame. Jim has coached 118 NCAA medalists and 30 Olympians. He has been a coach for three USA teams in international competition. Jim spent 53-years coaching several generations of America's Olympic hopefuls. No one is more deserving of having a track meet baring his name and for that meet to be a worthy legacy.



INFORMATION: 2017 USATE WEST REGION TRACK & FIELD CHAMPIONSHIPS

The West Region Track & Field Championships is part of the USATF National Club Championship Series.

Regional Championships are scored meets among USATF clubs. Regional Championships are also being contested in the North, South, and Eastern United States prior to the **2017 USATF National Club Track & Field Championships**. For information about those meets, visit www.usatf.org/events.

WEST REGION DESCRIPTION:

This meet is open to all USATF competitors. However, only USATF members from the following Associations are eligible to score in the West Region Championships: Alaska, Arizona, Border, Central California, Colorado, Hawaii, Inland Northwest, Montana, Nevada, New Mexico, Oregon, Pacific (Northern California), Pacific Northwest, San Diego-Imperial, Snake River, Southern California, Utah, and Wyoming.

CLUB SCORING:

All events will be scored 5-3-2-1. For events with multiple heats or flights, places will be determined by the final overall rank order of performances.

Only USATF member clubs from the West Region are eligible to score in the championships. In order to score in this Championship, athletes must be bona fide members of a USATF club. The USATF membership database will be used to verify USATF membership and club affiliations.

USATF AWARDS:

USATF Regional Championship Medals will be awarded to the first 3 place-winners determined by the final overall rank order of performance. **USATF Team Championship Plaques** will be awarded to the highest-scoring men's and women's teams.

TEAM PRIZE MONEY:

The top three men's and women's clubs are eligible for a prize stipend to the USATF National Club Track & Field Championships at Icahn Stadium in New York, New York, June 10-11, as follows: First Place-\$750; Second Place-\$500; Third Place-\$250.

HOST HOTEL: T.B.A.

CONTACT FOR Eric Barron
ADDITIONAL Meet Director

INFORMATION: (310) 434-4009, ericbarron@roadrunner.com

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2017 USATF Southern California Championships

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SATURDAY, JUNE 3, 2017

Pomona College, Claremont, CA – tentative schedule

2:15pm Jim Bush Cup Men's 110M Hurdles 12:00pm Women's Hammer Throw 2:25pm Women's 400 Meters 12:00pm Women's Long Jump 2:35pm Stan King Cup Men's 400 Meters 12:15pm Women's High Jump 2:45pm Ernie Gregoire Cup Women's 100 Meters 1:00pm Women's Pole Vault 2:55pm Flash Results Cup Men's 100 Meters 1:30pm Men's Javelin Throw 3:15pm Women's 400M Hurdles 1:30pm Don Ruh Cup Men's Hammer Throw 3:30pm Dixon Farmer Cup Men's 400M Hurdles 1:30pm Larry Myricks Cup Men's Long Jump 3:45pm Rose Monday Cup Women's 800 Meters 2:30pm Dave Farmer Cup Men's High Jump 3:55pm Frank Gagliano Cup Men's 800 Meters 2:30pm Men's Shot Put 4:05pm Women's 200 Meters 3:00pm Women's Triple Jump 4:30pm Eugene "Track Junkie" Driver Cup Men's 200 Meters 3:00pm Women's Discus Throw 5:00pm Chuck Seekins Cup Women's 3000M Steeplechase 4:00pm Women's Pole Vault 5:20pm Brian Waterbury Cup Men's 3000M Steeplechase 4:30pm Men's Pole Vault 5:35pm Skip Shaffer Cup Women's 1500 Meters 4:30pm Men's Triple Jump 5:45pm Sid Wing Cup Men's 1500 Meters 4:30pm Al Minturn Cup Men's Discus Throw 5:55pm John Norton Cup Women's 5000 Meters 6:20pm Norm Lumian Cup Men's 5000 Meters	2:00pm	Women's 100M Hurdles	12:00pm	Women's Javelin Throw
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•	5:45pm	Sid Wing Cup Men's 1500 Meters	4:30pm	Al Minturn Cup Men's Discus Throw
6:20pm Norm Lumian Cup Men's 5000 Meters	5:55pm	John Norton Cup Women's 5000 Meters		
	6:20pm	Norm Lumian Cup Men's 5000 Meters		

MEN'S MEET RECORDS

WOMEN'S MEET RECORDS

100 Meters	10.07	Carlos Moore, So Cal Cheetahs '06	100 Meters	11.11	Lekeisha Lawson, unattached '16
200 Meters	20.02	Ameer Webb, unattached '15	200 Meters	22.41	Shalonda Solomon, unattached '09
400 Meters	44.66	Andrew Rock, UW-LaCrosse '04	400 Meters	51.10	Monique Henderson, unattached '08
110M Hurdles	13.39	Mikel Thomas, unattached '15	100M Hurdles	12.75	Ginnie Crawford, unattached '11
400M Hurdles	49.10	Jonathan Williams, unattached '06	400M Hurdles	54.93	Shauna Smith, unattached '06
800 Meters	1:45.87	Boris Berian, Big Bear Track Club '15	800 Meters	2:01.71	Regina Jacobs, LATC '87
1500 Meters	3:37.34	Steve Scott, Asics Track Club '91	1500 Meters	4:08.11	Regina Jacobs, unattached) '92
3000M Stplchs	8:35.92	Jacques Sallberg, Run With Us '06	3000M Stplchs	9:38.23	Barbara Parker, Great Britain '10
5000 Meters	13:38.51	Pat Porter, Athletics West '88	5000 Meters	15:44.92	Breeda Dennehy, Ireland '96
Long Jump	26' 9 "	Ted Hooper, Chinese Taipei '16	Long Jump	22′ 3 ½ ″	Akiba McKinney, unattached '08
10,000 Meters	28:23.30	Randy Reina, unattached '88	10,000 Meters	33:04.27	Constantina Tomescu-Dita, Ukraine '06
Triple Jump	54' 11 ½"	Von Ware, Sheffield Elite '04	Triple Jump	45' 10"	Amanda Smock, unattached '11
					Andrea Geubelle, unattached '16
High Jump	7′ 5 ¾″	Nick Ross, unattached '13	High Jump	6′ 5″	Amy Acuff, unattached '00
Pole Vault	18' 10 ¼"	Giovanni Lanaro, Mexico '10	Pole Vault	14′ 7 ¼ "	Chelsea Johnson, unattached '09
Shot Put	68' 7 "	Zack Lloyd, unattached '13	Shot Put	60′ 2 ½ ″	Michele Carter, unattached '09
Discus	207′ 5″	Carl Myerscough, Great Britain '11	Discus	202' 3"	Whitney Ashley, unattached '13
Javelin	249' 2"	Adam Montague, unattached '09	Javelin	197' 10"	Kim Kreiner, unattached '09
Hammer	237' 11"	Corey Martin, unattached '09	Hammer	228' 0"	Jessica Cosby, unattached '06

MEN'S MEET RECORDS

Event Records Date Back to 1965

100 Meters	10.07	Carlos Moore, So Cal Cheetahs 2006		
200 Meters	20.02	Ameer Webb, unattached 2015		
400 Meters	44.66	Andrew Rock, UW-LaCrosse 2004		
110M Hurdles	13.39	Mikel Thomas, unattached 2015		
400M Hurdles	49.10	Jonathan Williams, unattached 2006		
800 Meters	1:45.60	Boris Berian, Big Bear Track Club 2015		
1500 Meters	3:37.34	Steve Scott, Asics Track Club 1991		
3000M Steeplechase	8:35.92	Jacques Sallberg, Run With Us 2006		
5000 Meters	13:38.51	Pat Porter, Athletics West 1988		
10,000 Meters	28:23.30	Randy Reina, unattached 1988		
5K Race Walk	22:12.72	Philip Dunn, unattached 2008		
Long Jump	26′ 9″ /8.15m	Ted Hooper, Chinese Taipei 2016		
Triple Jump	54′ 11½"/16.75m	Von Ware, Sheffield Elite 2004		
High Jump	7′ 5¾″ /2.28m	Nick Ross, unattached 2013		
Pole Vault	18' 10 ¼"/5.75m	Giovanni Lanaro, Mexico 2010		
Shot Put	68′ 7″/20.90m	Zack Lloyd, unattached 2014		
Discus	207′ 5″/63.23m	Carl Myerscough, unattached 2011		
Javelin	249′ 02″/75.96m	Adam Montague, unattached 2009		
Hammer	237′ 11″/72.53m	Corey Martin, unattached 2009		

WOMEN'S MEET RECORDS

100 Meters	11.16	Lekeisha Lawson, unattached 2016	
200 Meters	22.41	Shalonda Solomon, unattached 2009	
400 Meters	51.10	Monique Henderson, unattached 2008	
100M Hurdles	12.75	Ginnie Crawford, unattached 2011	
400M Hurdles	54.93	Shauna Smith, unattached 2006	
800 Meters	2:01.71	Regina Jacobs, LATC 1987	
1500 Meters	4:08.11	Regina Jacobs, unattached 1992	
3000M Steeplechase	9:38.23	Barbara Parker, Great Britain 2010	
5000 Meters	15:44.92	Breeda Dennehy, Ireland 1996	
10,000 Meters	33:04.27	Constantina Tomescu-Dita, Ukraine 2006	
5K Race Walk	26:59.01	Margaret Ditchburn, unattached 2009	
Long Jump	22′ 3 ½"/6.79m	Akiba McKinney, unattached 2008	
Triple Jump	45′ 10″/13.97m	Amanda Smock, unattached 2011	
High Jump	6′ 5″/1.96m	Amy Acuff, unattached 2000	
Pole Vault	14' 7 ¼"/4.45m	Chelsea Johnson, unattached 2009	
Shot Put	60′ 2 ½"/18.35m	Michelle Carter, unattached 2009	
Discus	202′ 3″/61.64m	Whitney Ashley, unattached 2013	
Javelin	197′ 10"/60.30m	Kim Kreiner, unattached 2009	
Hammer	228′ 0″/69.50m	Jessica Cosby, unattached 2006	